
Charity Nicole



When it comes to healing, Energy Healing to Charity is thinking outside of "the box." It is taking full responsibility for one's self with total observation, acknowledgment, pure love, and gratitude. It is, indeed, a journey to be enjoyed.

Taking full responsibility to overcome through Energy Healing gifted Charity the opportunity to heal even parts of herself, emotionally and physically. She was able to heal emotionally from dark depressions and deep mother wounds. Physically, she was healed from acute ulcerative colitis. For this, she is forever grateful.

In addition, Energy Healing has enabled Charity to become her most authentic self. Clients can immediately sense this when working with her. Charity's work ethic exemplifies a loving, non-judgmental, and heart-felt nature. "My clients can sense the love and light, and the realness that flows through me. I always keep it 100 (real)."

Her biggest wish for her clients is that they love unconditionally, live unapologetically, heal wholeheartedly, forgive always, set healthy boundaries, and remember to dance.

The benefits of Working With Charity



- Raise your vibrational levels
- Happier and healthier relationships
- A greater sense of wellbeing
- Become more intuitive
- Getting aligned with your true nature
- Become the most authentic version of yourself
- Manage physical ailments and pain
- Heal trauma
- Become the hero of your own life with an empowering mentor
- Self-confidence
- Self-esteem
- Improved and vibrant health
- Balance and flexibility of the body
- Reduce anxiety and fear
- Stop overthinking
- Stress management
- Let go of the past
- Upgrade your mindset
- Self-love
- Birth doula support
- Post-partum doula support
- Single and teen mother support services
- New to Motherhood services

"It is always only now" - Charity

Services

Yoga: Connect to the present moment and begin the journey back to yourself with Charity's intuitive yoga classes.

CBD Wellness: I make all herbals blends myself. Every blend will be an exact formula custom to you. There will be yoni herbs for tea or yoni steams, immunity, relaxation, postpartum kits to assist moms after labor, energy, mineral and hormone restoration that provides clarity, etc.

Medical Intuitive / Energy Healing session: Release stuck energy and old patterns that no longer serve so you can bring your body back to a state of balance and harmony.

Mentoring: Charity provides services on personal, spiritual, and social development.

Birth Doula Care: Charity provides educational, physical, and emotional support to mothers before, during, and after pregnancy.

